

BUSTLE

8 Tips To Make Your Studio Apartment Sexy, Because A Few Small Changes To That Twin-Sized Bed Will Get You In The Mood



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My name is Aly and I live in a studio apartment. A really small one, at that. As in, I've been having **sex in a twin bed** for the past decade. But, hey—I get to say I live in a really trendy area of Brooklyn, right? Yay. I've recently upgraded my bed (twin XL for the win!) and added a black leather love seat to the mix, so things are looking up. But what I learned years ago was that these sorts of apartments are all about what you make of them. It's really easy when you live in a space that's hardly bigger than your average dorm room that you'll feel like you're still a kid. (Truth is, my bed is barely bigger than my childhood bed.) The secret to not feeling like you are 12 years old is to take every step you can to sexy things up. Make your apartment more adult, and it'll be a lot easier to have adult fun when you are in it. Easier said than done, I know. I've been there. And it's still a work in progress on my end, as well. (Trust me, wine helps.) I consulted the experts about how to make the most of your tiny space — the sexy most, that is!

7. Layer scents



Soy-based candles and scents such as lavender (place fresh lavender in tiny cheese cloth pouches and place them throughout the bedroom) can open your senses and refresh your mind, says celebrity interior designer **Cathy Hobbs**. Use a spritz of a scent. “I love spraying a fresh scent in the room, including on linens in order to help create a sensual atmosphere,” says Hobbs.

8. Place softness underfoot

There is nothing more sensual than a warm, snuggling texture underfoot. “Some of my go-to materials are cowhides and sheepskin!” says Hobbs.