## **Healthy Recipes Kids Will Love**

Growing families the natural and organic ways

Summer



## **Sustainable Building Materials**

"There are tons of innovative eco-friendly materials available for homes today," says Cathy Hobbs, a certified LEED expert and green interior designer. Whether you're building a new house or remodeling one room, there's a plethora of beautiful options. Some of her favorites: Vetrazzo offers kitchen countertops that are filled with recycled glass, creating an elegant micro-mosaic (*vetrazzo.com*, shown above). Architectural Systems creates backsplashes out of recycled quarry stone and coconut shells (*archsystems.com*). Carnegie Fabric has a line of Xorel Wall Coverings made from plant-based fibers (*carnegiefabrics.com*). And Bonded Logic created UltraTouch Denim Insulation, which uses recycled denim to create insulation that's free of volatile organic compounds (*bondedlogic.com*).

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What makes a house an eco-home? Today, there are more possibilities than ever before. From carbon-neutral dwellings to certified-sustainable furniture, technology is catching up to the intense passion people have for protecting the environment. But the most modern innovations go beyond environmental consciousness; they also enhance the health and happiness of your family. Here we

they also enhance the health and happiness of your family. Here we share 10 inspiring initiatives that are transforming green living. By Samantha Mellone

oxic toys, creens, eup, and more!